



Canandaigua YMCA

# FREEZFEST 2010

April 10 at 2pm  
Kershaw Park Canandaigua  
Registration at 1pm

**Sponsored by:**

The Waterfront Grille  
Finger Lakes Dental  
Finger Lakes Networking Group  
PADJ Music Service



**All proceeds benefit the**  
Canandaigua Family YMCA  
Caring for Kids Campaign

- Jump in as an individual or with a group
- Come dressed to show your personality
- Prizes awarded for best dressed & most pledges

**Post-Jump Activities:**

## The Waterfront Grille

*(across from Kershaw Park)*

*Great food and drink specials.  
Activities for the whole family!*

**Check one of the following that best describes you.**

- I will be jumping in the lake just for the fun of it; my donation is less than \$25
- I will be jumping in the lake and have raised \$25+ and will receive my official T-shirt
- I am just a spectator but will raise money and/or make a small donation for this great cause

**Medical Release and Hold Harmless Agreement**

I acknowledge that my participation in the FREEZFEST involves risk of injury, and I assume that risk. I understand that the Canandaigua YMCA or the City of Canandaigua does not provide medical or health related expense reimbursement for injuries sustained by participants. The FREEZFEST involves a physical activity, and I further acknowledge that my child is fully capable of performing the activities required. I agree to hold the Canandaigua YMCA and the City of Canandaigua harmless against all liability, loss, damages, claims or actions for bodily injury or property damage to the extent permitted by law.

Participant Name: *(printed)* \_\_\_\_\_

Participant or Parent Signature: \_\_\_\_\_

## Pledges

Name \_\_\_\_\_

Donation \_\_\_\_\_

Name \_\_\_\_\_

Donation \_\_\_\_\_

Name \_\_\_\_\_

Donation \_\_\_\_\_

Name \_\_\_\_\_

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